

participate in the senior trip may be denied.

5. Any violation of the school rules contained within this document, violation of the law and/or trip rules, while on the trip, will nullify the student's participation in the graduation ceremony.
6. Students who are not eligible for graduation at the time of the trip will not be allowed to attend.

### **FIELD TRIP POLICY**

A student will not be allowed to go on a field trip if he/she is failing any classes. Teachers will submit to the faculty a listing of all students going on a field trip one week prior to the trip. If a student on the list is found to be failing a class they will not be allowed to go on the trip. An alternate assignment will be given in lieu of the field trip. A field trip will be defined as any trip taken during school hours.

### **SCHOOL DANCES**

Only students in grades nine or above may attend. However, students may not have guests that are 21 years of age or older. Sponsors will be in attendance at all functions sponsored by a particular group. The main purpose of their attendance is to check students as they enter and leave the activity. Students who leave the school premises will not be allowed to re-enter unless permission is granted by the sponsor or the building principal prior to their leaving. MFHS students bringing a guest to school dances who is not a MFHS student must have the guest approved by MFHS Administration using the MFHS dance approval form. Students are reminded that sunglasses are not permitted at school dances.

#### **Dance Code of Conduct**

- School rules apply at the dance.
- Once you leave the dance, you may not re-enter later.
- Guests must fill out the MFHS Dance Guest Request form AND show valid ID at the dance.
- Doors to the dance will be locked 30 minutes after the scheduled start of the dance, and students will not be admitted unless prior arrangements have been made.
- Sunglasses are not permitted.
- As for dancing, remember that this is a public school dance and not a private party. Good taste is the rule. Parents, guests of the school, community members, and students from all walks of life will be there. Dancing will be free of sexually suggestive moves by oneself or with anyone else.
- Tickets are non-refundable and non-transferable, even due to disciplinary actions prior to the dance.

#### **First offense – Warning**

**Second offense –** Student will be directed to leave the dance and will not be allowed to return and their parent(s) will be notified. No refunds will be given for the cost of admission.

## **MAROA FORSYTH SCHOOLS EXTRACURRICULAR ACTIVITIES HANDBOOK**

Maroa Forsyth Community Unit District #2

Adopted: May 27, 1993

Revised: May 8, 2023

Effective Date: August 1, 2023

**Students at Maroa Forsyth must remember that to participate in extracurricular activities is a privilege not a right. This privilege can be taken away when certain rules are not followed.**

This handbook governs all student activities during the entirety of the school year for which academic eligibility is determined, and/or any school sponsored activity during the summer months. Any student found in violation of this handbook will be subject to penalties outlined whether in or out of season during the time frame listed above. The regular student handbook will override the extracurricular handbook when school is in session.

The extracurricular handbook is updated annually. Students are subject to the penalties as defined within the handbook at the time of the infraction.

**\*\*Students are responsible for additional rules and regulations as they are provided by the IESA/IHSA.**

It is a privilege to participate in interscholastic activities. In addition to the lessons taught in the classroom, lessons and attitudes can be learned through extracurricular activities. The goal of extracurricular activities at Maroa Forsyth is to promote within each student the following attitudes:

**Leadership:** To develop the ability to be a positive leader in life and be willing to set examples for others to follow.

**Self-discipline:** Be willing to sacrifice time and energy to develop a strong mind and body.

**Team Unity:** Accept and develop the philosophy that to be a positive force in society one must learn to work and share with others.

**Sportsmanship:** Be willing to display only the best in attitude, desire, acceptance of authority, and self-control both on and off the athletic field.

## **SPORTSMANSHIP AT MAROA FORSYTH C.U.S.D.#2**

Doing the right thing isn't always easy. In most cases it is easier to ignore poor sportsmanship than it is to confront it. But if we are going to improve sportsmanship in IESA/IHSA activities, we must have the courage to act. As participants, fans, and parents we should all do the following activities:

1. Positively support your team! Do not taunt or show lack of respect for the opponents.
2. Respect officials and the difficulty of their task.
3. Comply with local regulations concerning conduct at IESA/IHSA activities.
4. Remember that the contest is a learning experience for the young people involved and mistakes will happen.
5. Don't forget a ticket to a contest is a privilege to observe a contest and not a license to be obnoxious to players, coaches, and officials!
6. Encourage other fans to be positive in the support for their team.

Research indicates a student involved in extra-curricular activities has a greater chance for success during adulthood. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after school. We hope the information provided makes both the student athlete and guardians experience with the Maroa Forsyth School Athletic Program more enjoyable.

## **GENERAL PROVISIONS**

- A. If a student is going to participate in an extracurricular activity, he/she must begin the activity when the coach officially starts practice for the activity, unless the participant is in another extracurricular, which does not allow them to practice. Transfer students and injuries will be considered on an individual or case-by-case basis.
- B. Students/Parents are responsible for paying all bills of items (uniforms, clothing, etc.) they purchase during the extracurricular season. If these bills are not paid in full by the end of the first month of the extracurricular season they are currently participating in, the student will not be allowed to participate any longer or in another extracurricular until the bill is fully paid.
- C. Students are responsible for turning in equipment /uniforms when they are finished with the extracurricular season. These items are to be turned in to the coach. In delinquent cases, the student/parent will be billed for the items. The student will not be allowed to participate in another extracurricular until equipment/uniforms are turned in or paid for.
- D. Students will not be allowed to participate in any interscholastic competition until all registration fees, book fees, lab fees, fundraiser dues, etc. are paid in full.
- E. Students must be in school a full day on the day of an activity in order to be eligible to participate that day. Medical/dental appointments will need to be supported by a note from the medical/dental office unless approval is obtained from the principal or designee/agent.
- F. **If a student is under a doctor's care for injury or illness, they must present a medical release note from the doctor allowing them to participate.**
- G. Maroa Forsyth provides transportation to and from all activities. Students will not be allowed to participate if they fail to ride the team bus to an event, unless prior approval is granted by the building principal/designee.
- H. The participant may leave with their parents provided the parent signs the coach's sign out sheet the day of contest. The student may also leave with another adult, but only if they have a note from their parent and the other adult signs the sign out sheet, this will not include boyfriends/girlfriends or 18 year old peers. ***A participant may ride home with a sibling if the parent sends a signed note authorizing the sibling to take the participant.***

## **TEAM ORGANIZATION**

- A. All Maroa Forsyth athletic and extracurricular activities, competitions and other events, shall comply with the rules as stipulated in the Constitution and By-Laws of the IESA/IHSA.
- B. Maroa Forsyth will adopt the IESA/IHSA participation standards that are used for the State Tournament Series at all levels of competition.

### **Middle School**

7th Grade Boys and Girls Basketball and Girls Volleyball - Maximum 15

8th Grade Boys and Girls Basketball and Girls Volleyball - Maximum 15

Boys Baseball - Maximum 18

Girls Softball – Maximum 18

Scholastic Bowl - Maximum 30

6th, 7th and 8th Grade Boys and Girls Track--No Cuts.

Spirit Squad - Maximum 15

Spirit Squad may participate in volleyball, but not basketball. If there is a conflict due to schedules the coaches will decide participation.

7th Grade students will not dress up to 8th Grade competition unless there were ten or less on the 8th Grade Team for basketball and twelve or less for volleyball.

6th Grade Students can be used to fill team vacancies in these particular circumstances through a tryout:

Girls Basketball – if less than 10 on 7th grade team

Boys Basketball – if less than 10 on 7th grade team

Boys Baseball - if less than 15 on total team.

Girls Softball – if less than 15 on total team.

Girls Volleyball- if less than 12 on 7th grade team

Scholastic Bowl – if less than 10 students per grade level

### **High School**

Varsity Boys and Girls Basketball and Girls Varsity Volleyball – IHSA Maximum

Varsity Football-No limit per IHSA

Varsity Soccer-IHSA Maximum

Varsity Golf-IHSA Maximum

Varsity Tennis-IHSA Maximum

Varsity Wrestling-IHSA Maximum

Varsity Boys Baseball – IHSA Maximum

Varsity Girls Softball – IHSA Maximum

Scholastic Bowl - IHSA Maximum

Boys and Girls Track—No limit per IHSA

Cheerleading - Maximum 20

Trojanettes (Dance)-Maximum 20

The Coaches will make the decision on the number of participants to keep on the roster after 2-4 practices. Tryouts are considered part of practice.

## **ACADEMIC ELIGIBILITY**

- A. Academic eligibility will be determined on a weekly basis beginning the week of practice and then again one week prior to the first competition through the rest of the season. Eligibility will be turned into the school office by **12:00** pm each Friday morning or the last day of each week. Each coach will receive a report by the end of the school day on the status of student grades. Ineligibility will begin on Monday and end the following Monday.
- B. What grades must a participant maintain?

1. **NO PASS/NO PLAY** A student who receives a cumulative grade of "F" in a course shall be ineligible for a period of one week.
2. All grading for eligibility will be on a cumulative basis for a semester in the Middle School and High School.
3. A student who is ineligible 3 consecutive weeks in any subject during a season will forfeit his/her eligibility in that activity for the remainder of the season.
4. In order for a student to be ruled ineligible a minimum of three grades or three weeks of school work shall be recorded in the teacher's grade book.
5. A high school student earning less than a 2.0 cumulative grade point average and/or receiving 2 failing grades during the semester shall be ineligible for participation the next semester of attendance.

## **CONSEQUENCES FOR ACADEMIC INELIGIBILITY**

A participant who is academically ineligible from extracurricular activities may continue to practice with the team. Academically ineligible participants are allowed to travel to away contests during their period of ineligibility if they have written approval from their parents, however players must remain on the sideline/bench area with the team. Home contests are at the discretion of the parents and the coach of the activity.

## **EXTRACURRICULAR PARTICIPANT CONDUCT**

Students in extracurricular activities represent their communities, school, family and themselves to other people. Therefore, the students should represent the highest moral, emotional and physical values set forth by the school district and adhere to the following rules:

- A. All students involved in extracurricular activities will be encouraged to attend all levels of competition for the activity in which they participate.
- B. All participants are expected to dress appropriately when representing Maroa Forsyth Schools (as designated by the coach).
- C. Participants will be expected to show good sportsmanship both on and off the athletic field.
- D. Students receiving detentions from teachers are to serve the detentions on the day specified. Coaches are to be informed of the detention by the student before the student reports to the detention room. Repeated detentions will result in disciplinary action.
- E. Each coach will distribute a written copy of rules, previously approved by administration that apply specifically to their activity. Participants will be required to abide by these rules.

## **PRACTICE SESSIONS/GAMES**

- A. Practice times will be posted and the participants are required to be dressed and ready to participate at the proper time.
- B. If a participant misses practice, they must present a valid reason to the coach prior to the practice they will miss.
- C. Coaches will not tolerate any profane language during practice sessions or during an activity.
- D. No horseplay (as interpreted by the coach) will be allowed on the practice area or in the dressing rooms.

## **EXTRACURRICULAR PARTICIPANT CONDUCT CONSEQUENCES**

Any violation of the above policies will result in disciplinary action taken by the coach and can result in a one to five day suspension from the activity. Repeated violations can be cause for dismissal from the activity.

## **UNSPORTSMANLIKE CONDUCT POLICY**

This rule is in conjunction with IESA Bylaw 2.090 and with IHSA Bylaw 6.011 & 6.012.

Unsportsmanlike conduct is defined as and will include: fighting, verbal abuse/dissent directed toward an official or opponent, racial or ethnic slurs, profanity/obscene gestures, flagrant/violent fouls, taunting trash talking/baiting, cheating, throwing, abusing equipment, physical intimidation, or abuse of an official or opponent, and unauthorized leaving of the team bench area.

## **UNSPORTSMANLIKE CONDUCT CONSEQUENCES**

Any coach or player ejected from an interscholastic contest will result in the following disciplinary action:

### **First Offense:**

1. A one game suspension from participation in the interscholastic competition at that level of competition, whether held the same day or subsequent day, and all other interscholastic contests at any level in the interim. If the season does not allow the student to successfully complete the suspension, the suspension will carry over to the next activity season in which the student previously completed.

2. The athlete and coach must submit in writing a statement of the incident within 48 hours after the incident took place to the Principal and Athletic Director.

### **Second Offense:**

1. Player or Coach removed from the team for the remainder of the season including all post-season competition.

## **TRAINING RULES**

It is the purpose of the Maroa-Forsyth CUSD #2 to promote a healthy mind and body in each participant therefore creating a measure of self-discipline within each participant. The following training rules have been established to govern all student activities for which academic eligibility is determined for the entire school year.

- A. A participant will be in violation of the training rules if he/she is present where there are "intoxicating" (see Board Policy Code of Conduct 7.190) substances, illegal drugs or alcohol being used or consumed.
- B. Any participant found guilty of a criminal offense, charged by law enforcement of breaking the law, or in the presence of criminal activity, will be subject to penalties for violation of training rules.

The Extracurricular Council(defined on page 4, below letter E) reserves the right to determine a suspension period depending on the severity of the criminal activity.

**Maroa Forsyth Schools have a reciprocal agreement with law enforcement agencies that allows for the exchange of information regarding any violation of local and state laws.**

- C. Legal over the counter training supplements approved for consumption by individuals under the age of 18 may be used and/or possessed at school as long as those supplements are contained in the original packaging. A non-prescription medication form must also be on file in the HS office for anyone to use supplements on MFHS property.
- D. Any student suspended from school will be suspended from participation in all activities until suspension is over. The student may also be subject to individual team penalties as determined by the coach.
- E. A participant will be in violation of the training rules if he/she is found to be using or possessing tobacco or tobacco related products.

The Extracurricular Council will deal with all infractions. The council will consist of:

- High School Principal
- Middle School Principal
- Athletic director
- Head Coach of activity involved
- Head Coach for an out of season activity

\* Any council member related in any way to the students(s) in question shall excuse themselves from the council and be replaced by another Head coach of an out of season activity. \*

The Extracurricular Council will investigate all allegations in order to determine and assess penalties as needed. The Extracurricular Council reserves the right to suspend any participant from competition until any violations have been investigated and resolved either by court of law, plea agreement, restitution or admission of guilt by participant. The Extracurricular Council reserves the right to suspend the student from other student activities including, but not limited to, athletics, non-athletic competitive organizations, clubs, fine arts performances not related to a student's grade, school social events, and other student privileges which are outside the scope of the academic curriculum.

## **TRAINING RULE CONSEQUENCES**

### **First Offense**

If student admits guilt, a suspension up to thirty (30) calendar days will be imposed for all extracurricular activities. The penalty will be imposed beginning the date of the next competition or performance.

If student initially denies violation of the rule and is subsequently found to be in violation, a sixty- (60) calendar day suspension from all extracurricular activities will be imposed beginning the date of the next competition or performance.

If the season does not allow the student to successfully complete the suspension, the suspension will carry over to the next activity season in which the student previously completed.

Days will count towards a suspension only during the competition or performance aspect of the season. Thus, if a suspension must be carried over, the suspension will cease following the last competition of the first season and resume with the first competition of the following season until the suspension obligation is fulfilled.

Student will also forfeit any leadership role such as captain or co-captains for that season.

The student may not participate in any number of competitions that were originally scheduled during the suspension period, even if scheduling conflicts, inclement weather, etc. occur and these games are rescheduled after the suspension date ends.

**Counseling Option first and second offense only**-If a person admits guilt when first confronted, and agrees to participate in counseling, the consequence will be reduced to eighteen calendar days or 60% of the original penalty issued by the Extracurricular Council. The minimum number of contests/activities would be at least two. The student shall, at his or her expense, attend the approved counseling from a state of Illinois licensed substance abuse counselor (CADC), Licensed Social Worker, or other state of Illinois licensed counselor providing services appropriate to the offense, as approved by the principal. The counseling services shall total at least six (6) hours in length or as prescribed by the service provider, whichever is greater. A status report from the agency administering the program indicating successful participation must be provided to the athletic/activities director on a weekly basis. A notice of completion must also be provided to the athletic/activities director.

Should an individual return to competition and fail to maintain acceptable progress towards completion of the program as prescribed by the service provider, the failure to uphold the counseling requirements will be viewed as the student's second extracurricular violation, resulting in a one calendar year suspension beginning the date of the violation of the counseling requirements.

Should an individual return to competition and fail to maintain acceptable progress towards completion of the program as prescribed by the service provider, and due to the completion of the activity or the inability/unwillingness to participate in future activities, the extracurricular council withholds the right to suspend the individual from other extracurricular activities the individual may wish to participate in. (Ex. social dances, prom, senior trip, graduation ceremonies, etc)

### **Second Offense**

A second offense by an extracurricular participant in their middle school/high school career will result in up to a one-calendar year suspension beginning from the date of the offense.

### **Third Offense**

A third offense by an extracurricular participant in their middle school/high school career will result in an extracurricular suspension for the remainder of their middle school/high school career.

**\* All extracurricular penalties do not carry over from middle school to high school. \***

## **WHILE ON A TRAINING RULE SUSPENSION**

Participants are required to practice and participate in team events in order to receive credit for their suspension. This is the case only if there is a possibility of the participant returning to that activity in the future or with the consent of the coach. Students may travel with the team but may not be in uniform during their suspension. Attendance requirements for home and away contests will be at the discretion of the coach and parents.

## **AWARDING OF LETTERS AND TROPHIES**

At the Middle School level, a certificate will be awarded in the sport participated in during the 7th and/or 8th grade.

At the High School level, the following awards will be given to recognize participants for their contributions to a particular activity:

Freshman Team	Certificate
Junior Varsity Team	Numerals
	JV Certificate
Varsity Team	Varsity Letter
	Varsity Bar
	Varsity Certificate

Each high school activity will have criteria that must be met by the participant to receive the awards listed above. All awards listed can be given at any grade level with the exception the numerals. Numerals are given at the completion of the student's JV first activity. JV and Varsity awards may be given at any class level if the participant has met criteria for lettering. Student's who participate on more than one level in a sport during that season will receive one certificate that includes all levels participated on.

Each high school sport or activity will have specific awards that are awarded at the conclusion of the season. A complete list is available from the athletic director or principal.

# **PARENT/COACH COMMUNICATION**

## **PARENT/COACH RELATIONSHIP**

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to our student athletes. As parents, when your student athlete becomes involved in our programs, you have a right to understand the expectations. This begins with clear communication from the coach concerning their program.

## **COMMUNICATION YOU SHOULD EXPECT FROM YOUR SON'S/DAUGHTER'S COACH**

1. Philosophy of the coach.
2. Expectations the coach has for your student athlete as well as all the players on the team.
3. Location and times of all practices and contests.
4. Team requirements, fees, special equipment, and special team rules.
5. Procedure should your student athlete be injured during participation.
6. Discipline that results in the denial of your student's participation.

## **COMMUNICATION COACHES EXPECT FROM PARENT(S)**

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Specific concern in regard to a coach's philosophy and or expectations.

As your student becomes involved in the programs at Maroa Forsyth, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times discussion with the coach is encouraged.

## **APPROPRIATE CONCERNS TO DISCUSS WITH COACHES**

1. The treatment of your student athlete mentally and physically.
2. Ways to help your student athlete improve.
3. Concerns about your child's behavior.

It is very difficult to accept your son or daughter not playing as much as you may hope. Coaches make decisions based on what they believe to be best for all the student athletes. As you have seen from the list above, certain things can be and should be discussed with your son's/daughter's coach. Other things must be left to the discretion of the coach.

There are situations that may require a conference between the coach and the parent(s). These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

### **If you have a concern(s) to discuss with a coach, this procedure is to be followed:**

1. Follow chain of command in setting up meetings. First, meet with the coach, then contact the AD if the issue is not resolved. If the issue needs to continue to be discussed, contact the principal.
2. If the coach cannot be reached, call the Athletic Director, and the meeting will be arranged for you.
3. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent(s) and the coach. Meetings of this nature do not promote resolution.

### **What can a parent do if the meeting with the coach did not provide a satisfactory resolution?**

1. Call and set up an appointment with the athletic director and coach to discuss the situation.
2. At this meeting the appropriate next step can be determined.

## **EXTRACURRICULAR SCHEDULES ONLINE**

Follow extracurricular activities online by accessing the high school web site <http://mfhs.mfsschools.net>. Choose Calendar on the tab, and from this page you can access any one or all activities simply by clicking on the available menu buttons, including the more tab for days with multiple events.